1. MAALINUP GALLERY & BUS FOOD PROVIDER

Shaded by towering Lemon Scented gums, Maalinup offers a blend of emus and kangaroos and a gallery full of surprising finds: bush tucker, gifts and authentic, Aboriginal art. Don’t miss to sample the amazing range of jams, sauces, chutneys, nuts, fruits, infused olive oils and dukkahs featuring Australian native edibles. Soifl, touch and taste testing bush herbs, spices and peppers. Be inspired to take them home for yourself or as gifts. Arm yourself with a bush tucker cookbook and free information sheets and recipes. Want to dig deeper? Book a bush tucker experience.

2. OLD YOUNG’S DISTILLERY

Two-time Australian Champion Distiller, Old Young’s brings tradition together with a flair for the unusual. Handcrafted spirits are distilled using locally-sourced produce and a wide range of native Australian ingredients including the gold-medal winning Six Seasons Gin developed in conjunction with Maalinup Gallery. Botanicals such as desert lime, mint, sea parsley and lemon myrtle make for a unique gin impossible to create outside of Australia! Sample the range of Old Young’s gins and vodkaics, neat or paired with a dash of hand-picked mixer.

3. ALL SAINTS CHURCH

A welcome sanctuary on the Swan River. This land where Captain James Stirling camped was the home of the Aboriginal people. The church was built in 1838. The site was the location of a large spring and was of great importance to the Aboriginal people. The church contains many artworks and artefacts that tell the story of the land and the people. The congregation now includes many Aboriginal people.

4. EDGECOMBE BROTHERS WINERY & CAFE

Edgcombe Brothers is a winery set amongst the vines with views of Lake Yarke, a beautiful wetland named by a local elder for the critical habitat provided for the local aquatic life. The winery has been named Yarke (Yarke) or ‘Yarke’. Yarke is not a place in the lake but Booyi, the long neck tortoise, abounds. Settle under the vine-covered pergola overlooking the lake to enjoy simple and delicious signature food platters with bush tucker touches such as bush fruit relish. From September to March, savour the vegetables harvested from the field paired with lemon myrtle mayonnaise.

5. YAGAN MEMORIAL PARK

A unique place has been created to commemorate the life, death and spirit of the great Noongar leader and warrior (c1795-July 11, 1833) and as a burial site for Yagan’s repatriated head.

The collaborative work of artists Peter Farmer, Sandra Hill and Jenny Dawson interprets and narrates the life story of Yagan in a meandering silk screened porcelain piece inset into a rammed earth wall. Striking entrance pieces represent female and male Scar Trees. The mosaic markings on the male Scar Tree represent the Noongar shield, while the female Scar Tree represents the Coolamon.

6. WAL YUNGA NATIONAL PARK

The Swan and Aboriginal Heritage walk trails are located where the Walyunga National Park joins the Swan River, 40 kilometres north east of Perth. The easy 1.2 kilometre family-friendly Aboriginal Heritage Trail meanders along the river bank between Walyunga Pool and Boonoola Pool. It allows people to learn about Aboriginal myths and legends and to see the park’s plants and animals through the eyes of the original inhabitants who met in this area for more than 6,000 years.

7. BELLS RAPIDS PARK

The area around Bells Rapids provided ideal camping areas for Noongar people because of the presence of food and water. The Swan River was a thoroughfare from the scarp to the coastal plain. Fish, shellfish, kangaroos, emus and water birds were in abundance and formed a large part of the bush tucker diet in the region. Bells Rapids is the place to enjoy a picnic, bush walk, bird life and the beauty of the Australian bush. The 2.5km of walking trails and a bridge that spans the Swan River allows walkers to enjoy scenic views of the rapids surrounding countryside and grey kangaroos.

8. MONDO NOUGAT

Producers of the world’s finest nougat using traditional family recipes that date back generations. The Romero family pride themselves on sourcing the very best Australian ingredients. No product celebrates this more, the limited-edition bush tucker inspired Wattleseed; Macadamia and Honey Nougat. Visit the factory outlet located at Perth Airport and a variety of Perth CBD locations.

9. JUDE TAYLOR STUDIO

This Western Australian wildflower artist conjures vibrancy and beauty, drawing inspiration from our native flora, from banksias and kangaroo paws to desert peas and bottlebrush. Jude Taylor’s designs wrap you goannas, emus, webbed footed ducks and the beautiful, luxurious silk scarves and an array of exquisite accessories and homewares. Perfect as gifts or to keep.

10. GREAT NORTHERN DISTILLERY

Producers of the internationally-acclaimed Canefire Rum presents Maiden Voyage Spiced Rum. A select barrel of Backspur is spiced with Australian botanicals including Wattleseed and Lemon Myrtle. This unique blend represents the bold and beautiful Western Australian coastline with a nod to traditional maritime ties. The Maiden embraces the journey and sense of adventure. Stop in for a tasting in the fully air-conditioned custom built tasting room, a tour of a working distillery or simply to enjoy a coffee.

Location of the Swan Valley

The Swan Valley is located a short 25 minute drive from the Perth CBD and 20 minutes from Perth Airport.

One of the best ways to explore the Bush Tucker & Beyond Trail is to drive yourself. Should you require a hire car, collection points are conveniently located at Perth Airport and a variety of Perth CBD locations. You might like to consider booking a hire car. Please contact the venues directly to book your visit.

About WA Food & Wine Trails

Western Australia is blessed with a huge range of memorable food and drink experiences. The WA Food & Wine Trails provide a sample of what is available across the state. Make sure you look out for them on your travels.

Produced with the support of Tourism WA
The bush tucker story in the Swan Valley

The Swan Valley is home to the Wadjuk Noongar (Bibbulmun) people. The land west of the Derbal Yerrigan (Swan River), was the domain of the Mooro Clan and the eastern side, the Beeloo Clan.

Before European settlement, the alluvial soil lining the meandering course of the Derbal Yerrigan (Swan River) was covered in Warrine gardens. Warrine are long thin white yams (diacorys hastifolia) cultivated by Noongar people, from Wadjuk country and north into Yuat country and all the way to Shark Bay. The site of All Saints Church in the Swan Valley was a huge Warrine garden.

A remnant of a Noongar yam garden can be seen at Walyunga National Park, marked by the banks lined with stones placed there by generations of women as they dug out the gardens to create the aerated, fertile humps and hillocks (as the Europeans referred to them). These humps and hillocks captured water and leaf litter to nourish the garden and the uneven ground kept out animals such as kangaroos.

The stone-bermed banks slowed the passage of water so the gardens were not washed away in a heavy deluge. The gardens occupied the alluvial soil, so they were soon overrun by European settlement. Long thin allotments of land were allocated so that each had access to the river which was the transport artery for the new settlement. In the streams and tributaries joining the Derba Yerrigan, Yangat (bulrushes) grew. These were burnt to the waterline in Boonooroo (hot season) in preparation for the Djeran (autumn) harvest, when the fibrous root masses were gathered, roasted, peeled, pounded and made into carbohydrate rich cakes (mandjalee) which were baked in the ashes. Wet nooorook (emu eggs) were also collected at this time. Emus lay their eggs after the first rains in Djeran, when the emu appears in the night sky as a dark shape.

In the sandy soils, Kar (milkmaids), Nollamara (kangaroo paws) and Bohn (bloodroot) grew and were harvested in Kambaring (late spring) and Birak (first summer). Kar gave a handful of juicy tubers, Nollamara an edible rhizome and Bohn, a bright orange, spicy, onion like bulb. Edible wattles yielded a handful of juicy tubers, Nollamara an edible rhizome and Bohn, a bright orange, spicy, onion like bulb. Edible wattles yielded gums and fine seeds that were roasted and ground. The flour was mixed with water and again baked in the ashes to make bread. Emus lay their eggs after the first rains in Djeran, when the emu appears in the night sky as a dark shape.

Yonga (kangaroo), Wot (emu), Karda (goanna), Djilijit (fish) and Djepap Kep-ap (waterbirds) were plentiful. The fish and waterbirds along with Marron, Gilgie (fresh water crustaceans) and Kooboolong (frogs) were collected from the abundant waterways in Makooroo (winter). Yonga and smaller marsupials were hunted during Makaroo. People stayed near their camps in Makaroo and started venturing further afield and connecting with other family groups in Djibba (early spring).

This was a land providing substantial seasonal food sources for Wadjuk people. Today you can still search for these foods, but the great harvests are no longer there. Instead, European viticulture and market gardens have replaced the traditional foods. But, led by Malalnup, offerings of bush tucker can still be found in the Swan Valley today.

**BUSH TUCKER & BEYOND TRAIL MAP**

Discover the locations on the Swan Valley Bush Tucker & Beyond Trail here.

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**KEY**

- **Winery**
- **Distillery**
- **Local Produce**
- **Restaurant/Cafe**
- **Barbeque**
- **Toilets**
- **Heritage**
- **Bush Tucker Trail**

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**1. MALINUP GALLERY & BUSH FOOD PROVIDORE**

10767 West Swan Rd, Henley Brook
Open Sat-Sun, Public Holidays, other days by appointment.

**2. OLD YOUNG’S DISTILLERY**

105STC West Swan Rd, Henley Brook
Open 7 days
[08 9296 6665](tel:0892966665) | [oldyounsg.com.au](http://oldyounsg.com.au)

**3. ALL SAINTS CHURCH**

30 Henry St, Henley Brook
Open 7 days
[08 9274 5661](tel:0892745661) | [swananglicans.org.au](http://swananglicans.org.au)

**4. EDGECOMBE BROTHERS WINERY & CAFE**

1733 Shangara Rd, Henley Brook
Open Wed-Sun
[08 9296 4307](tel:0892964307) | [edgecombebros.com.au](http://edgecombebros.com.au)

**5. YAGAN MEMORIAL PARK**

Lot 39 West Swan Rd, Bells
Open 7 days
[swan.wa.gov.au/Parks recreation/Yagan Memorial Park](http://swan.wa.gov.au/Parks recreation/Yagan Memorial Park)

**6. WALYUNGA NATIONAL PARK**

Great Northern Hwy, Bullsbrook
Open 7 days

**7. BELLS RAPIDS PARK**

Cathedral Ave, Brigadoon
Open 7 days
[swan.wa.gov.au/Parks recreation/Bells Rapids](http://swan.wa.gov.au/Parks recreation/Bells Rapids)

**8. MONDO NOUGAT**

640 Great Northern Hwy, Home Hill
Open Wed-Sun
[08 9296 0111](tel:0892960111) | [mondonougat.com.au](http://mondonougat.com.au)

**9. JUDE TAYLOR STUDIO**

510 Great Northern Hwy, Midda Swan
Open 7 days
[0438 443 222](tel:0438443222) | [judetaylor.com](http://judetaylor.com)

**10. GREAT NORTHERN DISTILLERY**

496 Great Northern Hwy, Midda Swan
Open 7 days
[08 9330 5422](tel:0893305422) | [canefive.net(visitors)](http://canefive.net(visitors))

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**Swan Valley Visitor Centre**

For visitor information, maps, souvenirs, accommodation and tour bookings:

- **Guildford Courthouse Corner Meadow and Swan Streets, Guildford**
  - Open 7 days, 9am - 5pm
  - [08 9207 8899](tel:0892078899)
  - @theswanvalley /theswanvalley

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**Bush Tucker Trail**

- **Winery**
- **Distillery**
- **Local Produce**
- **Restaurant/Cafe**
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